

## Indian Creek Middle School Athletic Policies

The following rules and regulations have been set up by the Indian Creek Middle School coaches for the betterment of our athletic program. They are to be followed unless amended.

1. Athletes will not be allowed to use abusive language or be disrespectful toward their coaches, teammates, officials and supervisors. First offense – a two week suspension. Second offense – one season suspension from sports.
2. There will be no use of drugs, alcohol nor tobacco by the athlete. First offense – two week suspension (calendar days). Second offense – suspension from all sports from that given school year. Note: suspension includes no participation in practice or games.
3. Eligibility will be controlled by the I.E.S.A.
  - a. The athlete must be passing in all subjects each week. D's are unacceptable. Students get one week to bring the D to a C (70%) or they will be ineligible.
  - b. The athlete must report daily to the teacher of any class he/she is failing for 20 minutes of extra help after school, prior to reporting to practice. Ineligible athletes may attend home games. They may not, however, attend road games.
4. In-school suspension: athletes receiving an in-school suspension will be barred from any school activities including practices, games, and events in accordance with school rules.
5. Out-of school suspension: athletes receiving an out-of-school suspension will be barred from any school activities including practices, games, and events in accordance with school rules.
6. Detentions: any athlete receiving a detention shall serve the detention. If the detention conflicts with a game or event, he/she may provide an acceptable plan to serve the detention with the particular teacher.
7. Athletes represent ICMS. Rules such as dress and hair length should include neatness and appropriateness. General rules include: boys – no facial hair, no hair below the collar, girls – hair neat.
8. No athlete can participate in practice until a physical exam is turned into the coach or school office. The insurance waiver, athletic fee, and athletic policy should be turned into the coach or school office as soon as possible. No athlete may participate in a game until all four conditions are met.
9. A "legal day" for an athlete to compete: a student must attend classes at least half of school day periods or he/she will not be allowed to compete in any game that day/evening without an approved excuse. Exceptions – student on a field trip, students at a doctor/dentist appointment, holidays, days school not in session, etc. an athlete who attends PE class, unless excused, must participate, in uniform that day, in order to be eligible for that day's practice/game.
10. Rowdy bus behavior is not allowed, and will be handled by coaches using the student handbook as a guideline. Athletes must ride the bus to all away athletic events unless prior arrangements are made. Otherwise, the athlete will be deemed ineligible to play that game. Athletes may return home with their parents only when prior written notice has been given to the coach. A parent is allowed to take another athlete home, provided that written notice, stating who the athlete is and who has given that athlete permission to ride home with a particular parent., is given to the coach.
11. Any athlete stealing equipment may have one school year suspension from sports and may be turned over to the authorities. Any student found wearing a stolen uniform will have that uniform confiscated. All uniforms should be returned to the designated person/coach within one week upon completion of the season to avoid any disciplinary action.
12. It is an athlete's responsibility to bring his/her uniform and necessary equipment on game day. They will not be issued replacement uniforms or equipment, nor will they be allowed to use school phones for this purpose. They may use the pay phone with teacher permission.

**Have a Good Year!**  
ICMS Athletic Department

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Athlete's Signature

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Date

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Signature of parent/guardian

**Athletes and Parents:** please read, sign and return one of these forms to the coach or school office. This signed form will apply to all sports your child participated in this school year. Please keep one copy for your records.

(OVER)

# Certificate of Waiver

## Indian Creek Middle School Athletics

I \_\_\_\_\_, the parent or guardian of \_\_\_\_\_, waive the requirement that my son/daughter be insured for accidental or other injuries which may occur during his/her performance in athletics for Indian Creek Community School District No. 425, DeKalb County, Illinois during the 2010-2011 school year. I assume full responsibility for the cost of medical treatment if that becomes necessary.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Signature